



Feast on the Bible's big meal –  
to draw strength for today and tomorrow

## Children's Activity Suitable for children aged 7–12 years

### Hints for leaders

The following resources are designed to help your junior church group to feast on the Bible's big meal this Bible Sunday. The leader's notes are followed by a photocopyable activity sheet for the children to use during the session.

### Reading:

Romans 15. 1-6.

Key verse 4, 'Everything written in the Scriptures was written to teach us, in order that we might have **hope** through the patience and **encouragement** which the Scriptures give us.'

The key message for the children to take away from the session is that the Bible gives us strength, encouragement and hope for today and tomorrow.

### Introduction to the theme:

'Encouraging' by playing a game (noisy and lots of fun)

- Tug of war – divide your group into 2 teams. Choose two children from each team to play 'tug of war'. The other members of the team need to encourage their team members to pull hard and win, OR
- Ask a child to walk, balancing a book on their head. Two other children shout – one to encourage them, but the other to try and put them off

**Discuss** 'How can we encourage others?' 'What encourages us?'

Can any of the children share a time when they were encouraged and how it made them feel?

### Bible Story:

God's encouragement is through the Scriptures – He makes many promises. See the story of Noah in Genesis Chapter 9.

In Matthew 14. 13-21 we see an example of God fulfilling the promise to Noah when Jesus feeds a huge crowd and there are 12 baskets of food left over – more than enough!

### Songs:

*God's Promises* by John Fryer (*Light for Everyone* CD from SU)

Or another song that is familiar to your group that links to how the Bible shows us what God is like, what he's up to and how he feels about us.



# Bible Sunday 2007

## 1. RAY'S WORD PUZZLE

Re-write the following. Each word is written backwards.

EHT ELBIB SI LLUF FO GNIGARUOCNE SESIMORP

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OR older children may like to tackle this more difficult version

Can you crack the code? Put the letter in the alphabet which comes before each letter given e.g. b = a

UIF CJCMF JT GVMM PG FODPVSBJOH QSPNJTFT

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## 2. GOD'S PROMISE

Read about God's promises to Noah in Genesis Chapter 9.  
What promise did God make to Noah?  
What sign did God put in the sky to remember the promise?

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## 3. MAKE A BADGE

Do you know the colours of the rainbow? Colour the rainbow, then cut it out and make into a badge

***This activity is also suitable for younger children. Ask the children to colour the rainbow in bright colours and your helper can cut out the rainbows to make the badge.***

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## 4. WHIZZER

Make a whizzer  
Colour and decorate the whizzer  
Cut along the bold lines and fold along the dotted lines  
Attach a paper clip at the tip  
Throw the whizzer up in the air (the higher the better) and try to say the verse before it hits the ground

***This activity is also suitable for younger children. Ask your helper to do the cutting and help the children throw it up in the air.***

**Extra activity:** See who can make their whizzer stay in the air the longest. Give a prize for the winner

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# Bible Sunday 2007

## 5. WORK OUT RAY'S SECRET

The Scriptures were written to teach us, **encourage** us and give us **hope**. Romans 15.4

### HOPE

Work out the secret message.



(Pix of beehive) i a



e u



m

[pix of hose] s p



t

60 minutes = h y



l

## 6. HOW MANY WORDS?

How many words can you make from ENCOURAGE

- Over 20 - excellent
- 15-20 - very good
- 10-15 - good
- Under 10 - keep trying!

### Extra activities:

Bring in a selection of jigsaw puzzles. The children can choose a puzzle to complete at the end of the session. Ask them to think about helping and encouraging each other if they get stuck so together they can complete the picture.

God invites us to feast on the Bible's big meal to draw strength for today and tomorrow. You could bring in some healthy snacks and drinks for the children to enjoy together and talk about what you've shared in the session. Please check with parents and guardians for allergy advice before the session.

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1

RAY'S WORD PUZZLE

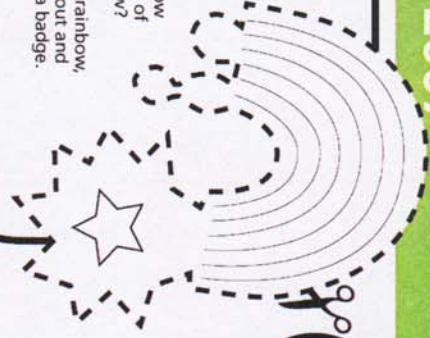
Rewrite the following. Each word is written backwards.  
 EHT ELBIB SI LLUF FO GNIGARUOCNE SESIMORP  
 OR you may like to tackle this more difficult version  
 Can you crack the code? Put the letter in the alphabet  
 which comes before each letter given e.g. b = a  
 UIF CICMF JT GVMM PG FODPV58HGH QSPNJTFT



3

MAKE A BADGE

Do you know the colours of the rainbow?  
 Colour the rainbow, then cut it out and make into a badge.



6

HOW MANY WORDS?

How many words can you make from ENCOURAGE

- 20 or over excellent
- 15-19 very good
- 10-14 good
- Under 10 keep trying!



4

WHIZZER!



The Scriptures were written to teach us, encourage us and give us hope.  
 Romans 15:4  
 Colour and decorate the whizzer.  
 Cut along the dotted lines.  
 Attach a paper clip at the tip.  
 Throw the whizzer up in the air (the higher the better) and try to say the verse before it hits the ground.

2

GOD'S PROMISE

Read about God's promises to Noah in Genesis Chapter 9.  
 What promise did God make to Noah?  
 What sign did God put in the sky to remember the promise?



5

WORK OUT RAY'S SECRET

The Scriptures were written to teach us, encourage us and give us hope.  
 Romans 15:4 Can you work out the secret message?

5 - p      + a      e - u      m      +

Come and join the feast [www.biblesunday.org](http://www.biblesunday.org)

Ray character created by Steve Simmons, Airworksart.